

SWASTHAVRITTA COURSE OUTCOME:

BY THE END OF COURSE, STUDENTS WILL GET FOLLOWING PROFICIENCIES.

*Understanding the dimensions of health in relation with preventive ideology of Dinacharya in Swasthavritta and yoga.

*Technical capabilities---

Developing skill of performing various shatkarmas and yoga and correlating it with clinical applications for betterment of health.

*Knowing the basics of Ayurvedic dietetics and its application to maintain health status in healthy and diseased individuals as well.

*To know the detailed aspect of epidemiology and applying for it for serving the society.

*To develop communication skill in students to provide clinical care within professional limits.